

# Psycho-Social Profile of Newly Released Inmates

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- Shock and confusion: hard time adjusting to change
- Short attention span: difficulty following through
- Frequent rage: inclined to mirror prison intimidation
- Suspicious and untrusting: tends to withdraw and stand apart
- Acute stress disorder: worry, numbing, disorientation
- Emotionally unstable: susceptible to mood swings
- Compulsive behavior: reacts without objective review
- Social anxiety: doesn't seem to "fit" anywhere
- Perceptually overwhelmed: too bright, too fast, too much!
- Hostile, aggressive actions: often hurtful toward self and others
- Desire for immediate gratification: displays very little patience
- Reoccurring cycles of depression: deeply sad, empty, dejected
- False expectations of self and the world: frequently frustrated
- Fear of failure and rejection: displays defensive attitude
- Alienation: views the world as "the enemy"
- Free-floating dissonance: general sense of agitation
- Hungry for companionship: prone to unhealthy relationships
- Isolated socially and emotionally: incapable of genuine intimacy
- Resistant to criticism or disapproval: takes things "personally"
- Dependent thinking and behavior: surrenders to addictions

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