Life Without A Crutch Training Program

The Life Without a Crutch training package provides a valuable catalyst to promote recognition of addiction. In a simple, orderly process, it brings the client face-to-face with the impact of his or her dependent behavior and the personal rewards for accepting responsibility and taking action. This approach prepares the addicted client to participate successfully in the wide variety of treatment modalities, and thus makes the best use of limited staff availability, treatment time, and program funds.

One unit consists of Trainer's Manual, audio cassette, 15 copies of student text

List Price $995.00 per program unit

Contact OPEN for quantity discount information.

“The Life Without A Crutch program has been interwoven into the initial phase of our intensive outpatient program. The material enhances the impact of our format by confronting denial, increasing motivation and stimulating participation in the recovery process.”

— Kay Heinrich, Corrections Program Manager for Chemical Dependency, CD Program Staff Headquarters-East, Washington State Department of Corrections Headquarters

For pricing and ordering information, please contact:

OPEN, INC.
P.O. Box 472223
Garland, TX 75047-2223
972-271-1971
1-800-966-1966
972-278-5884 Fax
www.openinc.org
email:
info@openinc.org
Life Without A Crutch Training Program

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